

Booking Information

Health & Visas

The following information is a guide to visas and vaccinations for British passport holders only. Other EC passport holders should contact us should you require visa information. Please note that these costs, regulations and recommendations change frequently, so you must check with embassies (or a visa service) and medical specialists before your trip. You will need a passport which is valid for at least 6 months from the end of your trip, and which has enough room for entry and exit stamps and visas.

Visas

If you would like advice about visas, do call us. Applying for visas by post can take up to 6 weeks and passports have been known to go missing. We suggest using Travcour in London to obtain your visas. For more details, please call Travcour on: 020 7223 5295 or visit their web site www.travcour.com where you can download the application forms and obtain information. NB: please note that as a Tribes customer you receive £5.00 off the service charge listed on the site.

Vaccinations

For up to date vaccination information please contact your GP or nearest travel clinic. Alternatively, Nomad Travellers Store & Medical Centre in London can provide vaccination and health information, plus any travel kit that you may need. Contact them on: 020 8889 7014. You may also like to check the advice on the National Travel Health Network and Centre website www.nathnac.org

Country	Visa	Visa Details	Recommended Vaccinations									
	Required		Diphth	Hep A	Hep B	Mal	Men	Polio	Rab	Tet	Typh	YF
Botswana	No		R	R	R*	R*	No	R	R*	R	R	I
Brazil	No		R*	R	R*	R*	R*	R	R	R	R	R*, I
Ecuador	No		R	R	R*	R*	R*	R	R*	R	R	C**
India	Yes	In UK £42. Officially 2 days but we have had reports of it taking 3 weeks so apply in good time.	R*	R	R*	R*	R*	R	R*	R	R	I
Jordan	Yes	3 days in UK £44. Or obtain on arrival.	No	R	R*	No	No	R	R*	R	R	I
Kenya	Yes	7 days in UK £30. Or obtain on arrival \$50	R	R	R*	R	R*	R	R*	R	R	I
Lesotho	No		R	R	R*	No	No	R	R*	R	R	I
Malawi	No		R	R	R*	R	R*	R	R*	R	R	I
Mauritius	No		R*	R	R*	No	R*	R	R*	R	R*	I
Morocco	No		R	R	R*	No	No	R	R*	R	R	No
Mozambique	Yes	4 days in UK £40.00	R	R	R*	R	R*	R	R*	R	R	I
Namibia	No		R	R	R*	R*	No	R	R*	R	R	I
Nepal	Yes	24 hrs in UK £20 for 15 days, £35 for 30 days.	R*	R	R*	R*	R*	R	R*	R	R	I
Peru	No		R	R	R*	R*	R*	R	R*	R	R	R,C*
Rwanda	No		R	R	R*	R	R*	R	R*	R	R	R,I
South Africa	No		R	R	R*	R*	No	R	R*	R	R	I
Tanzania	Yes	5 days in UK £38.	R	R	R*	R	R*	R	R*	R	R	C
Uganda	Yes	4 days in UK £25. Or obtain on arrival.	R	R	R*	R	R*	R	R*	R	R	R,I
Zambia	Yes	Easiest to obtain on arrival US\$50 single, \$80 double or \$160 multiple	R	R	R*	R	No	R	R*	R	R	R

Chart Abbreviations

R = recommended; R* = sometimes recommended. Please check; I = Immigration. Required if entering from a yellow fever endemic area.

C = compulsory; C* = compulsory if visiting Puerto Maldonado or Manu NP; C** = may be compulsory if visiting rainforest areas in Ecuador - check.

1st August 2011