Booking Information

Health & Visas

The following information is a guide to visas and vaccinations for British passport holders only. Other EC passport holders should contact us should you require visa information. Please note that these costs, regulations and recommendations change frequently, so you must check with embassies (or a visa service) and medical specialists before your trip. You will need a passport which is valid for at least 6 months from the end of your trip, and which has enough room for entry and exit stamps and visas.

Vaccinations

For up to date vaccination information please contact your GP or nearest travel clinic. Alternatively, Nomad Travellers Store & Medical Centre in London can provide vaccination and health information, plus any travel kit that you may need. Contact them on: 020 8889 7014.

	Recommended Vaccinations									
Country	Diphth	Hep A	Hep B	Mal	Men	Polio	Rab	Tet	Typh	YF
Botswana	R	R	R*	R*	No	R	R*	R	R	I
Brazil	R*	R	R*	R*	R*	No	R	R	R	R*, I
Ecuador	R	R	R*	R*	R*	R	R*	R	R	C**
India	R*	R	R*	R*	R*	R	R*	R	R	I
Jordan	No	R	R*	No	No	R	R*	R	R	I
Kenya	R	R	R*	R	R*	R	R*	R	R	I
Lesotho	R	R	R*	No	No	R	R*	R	R	I
Malawi	R	R	R*	R	R*	R	R*	R	R	I
Morocco	R	R	R*	No	No	R	R*	R	R	No
Mozambique	R	R	R*	R	R*	R	R*	R	R	I
Namibia	R	R	R*	R*	No	R	R*	R	R	I
Nepal	R*	R	R*	R*	R*	R	R*	R	R	I
Peru	R	R	R*	R*	R*	R	R*	R	R	R,C*
South Africa	R	R	R*	R*	No	R	R*	R	R	I
Tanzania	R	R	R*	R	R*	R	R*	R	R	C
Uganda	R	R	R*	R	R*	R	R*	R	R	R, I
Zambia	R	R	R*	R	No	R	R*	R	R	R

Chart Abbreviations

R = recommended

R* = sometimes recommended. Please check.

I = Immigration. Required if entering from a yellow fever endemic area.

C = compulsory

C* = compulsory if visiting Puerto Maldonado or Manu NP.

C** = may be compulsory if visiting rainforest areas in Ecuador. Please check.

Visas

If you would like advice about visas, do call us. Applying for visas by post can take up to 6 weeks and passports have been known to go missing. We suggest using Travcour in London to obtain your visas. For more details, please call Travcour on: 020 7223 5295 or visit their web site www.travcour.com where you can download the application forms and obtain information. NB: please note that as a Tribes customer you receive £5.00 off the service charge listed on the site.

	Visa Information for British passport holders	
Country	**Required**	Times based on applications to embassy in person or by Travcour
Botswana	No	
Brazil	No	
Ecuador	No	
India	Yes	In UK £30. Officially 2 days but we have had reports of it taking 3 weeks so apply in good time.
Jordan	Yes	3 days in UK £11. Or obtain on arrival.
Kenya	Yes	7 days in UK £30.
Lesotho	No	
Malawi	No	
Morocco	No	
Mozambique	Yes	4 days in UK £40.00
Namibia	No	
Nepal	Yes	24 hrs in UK £20. Or obtain on arrival for US$25
Peru	No	
South Africa	No	
Tanzania	Yes	5 days in UK £38.
Uganda	Yes	4 days in UK £25. Or obtain on arrival.
Zambia	Yes	Easiest to obtain on arrival US$50 single, $80 double or $160 multiple

1st January 2009